



# Desert Preschool Academy Breakfast For ( 2 - 5 ) years old) April 1-30, 2025

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk. Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese.  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Yogurt W/Granola 4oz Fresh Banana 1 oz Milk 1% 6oz	English Muffin 1/2 Serving Applesauce 4 oz Milk 1% 6oz	Biscuit W/Turkey Sausage 1/2 Serving Fresh Pineapple 4 oz Milk 1% 6oz	Orange & Berries Bread 1/2 Serving Dice Pear 4 oz Milk 1% 6oz
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Mini Bagels 1/2 Serving. Applesauce 4 oz. 1% Milk 6oz	Corn Muffins 1/2 Serving. Diced Peaches 4 oz. 1% Milk 6oz.	Pancakes 1/2 Serving Fresh Berries 4 oz. 1% Milk 6oz	French Toast 1/2 Serving. Mandarin Oranges 4 oz. 1% Milk 6oz.	Corn Flakes Cereal 1c Fresh Banana 4 oz. 1% Milk 6oz
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Waffles 1/2 Serving Slice Apple 4 oz. 1% Milk 6oz.	Blueberry Muffin 1/2 Serving. Diced Pear 4oz. 1% Milk 6oz.	Bran Bread 1/2 Serving. Tropical Fruit 4 oz. 1% Milk 6oz.	Yogurt W/Granola 4oz. Fresh Oranges 4 oz. 1% Milk 6oz.	Raisin Bread 1/2 Serving. Sliced Peaches 4oz. 1% Milk 6oz.
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>26</b>
Orange & Berries Bread 1/2 Serving. Fresh Banana 4oz. 1% Milk 6oz.	English Muffins 3/4 C Tropical Fruit 4 oz. 1% Milk 6 oz.	French Toast 4 oz. Diced Mango 4 oz. 1% Milk 6 oz.	Carrot Bread 1/2 serving Diced Peaches 4 oz. 1% Milk 6 oz.	Pancakes Serving Fresh Bananas 4oz. 1% Milk 6oz
<b>28</b>	<b>29</b>	<b>30</b>		
Banana Bread 1/2 Serving. Mandarin Oranges 4oz. 1% Milk 6oz.	Mini Bagels 1/2 serving Mix Fruit 4oz 1% Milk 6oz	Zucchini Bread 1/2 Serving Pineapple Tidbits 4oz 1% Milk 6oz		



# Desert Preschool Academy

## Lunch For (2-5) yrs.

### April 1-30, 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Chicken Curry Casserole 1.5oz Brown Rice 2oz Steamed Green Beans 2oz. Mixed Fruit 2oz. 1% Milk 6oz.	Cheese Pizza ½ Serving. Steamed Vegetables 2oz. Fresh Cantaloupe 2oz. 1% Milk 6oz	Chicken Nuggets 1.5oz. Whole Grain Bread ½ serving. Steamed Ca-Blend Vegetables 2oz. Tropical Fruit Cup 2oz. 1% Milk 6oz..	Herbs Baked Chicken/Fish 1.5oz Rice Pilaf 2oz. Fresh salad W/Ranch Dressing 2oz. Fresh Oranges 2oz. 1% Milk 6oz.
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Hamburger w/cheese 1.5 oz Wheat Burger Bun ½ Serving. Leaf Lettuce & Tomato 2oz. Fresh Mango 2oz. 1% Milk 6oz.	Chicken Alfredo Pasta 1.5 oz Whole Wheat Pasta ½ Serving. Steamed Broccoli 2oz. Watermelon 2oz 1% Milk 6oz.	Chicken Salad 1.5 oz. Whole Wheat Crackers ½ serv Steamed Vegetables 2oz. Mandarin Oranges 2oz. 1% Milk 6oz.	Mac and Cheese 4 oz. Whole Wheat Pasta ½ Serving. Steamed Cauliflower 2oz. Pineapple Tidbits 2oz 1% Milk 6oz.	Turkey & Cheese Wrap 1.5oz. Whole Wheat Spinach Tortilla ½ S Potato Salad 2oz. Fresh Sliced Apple 2oz. 1% Milk 6oz.
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Ground Beef & Cheese Tostada 1.5oz Hard Shell Tostada ½ Serving. Shedd Lettuce & Tomato 2oz. Fresh Mix Berries 2oz. 1% Milk 6oz.	BBQ Chicken 1.5 oz. Whole Wheat Dinner Rolls ½ Serv Green Beans 2oz. Fresh Orange 2oz. 1% Milk 6oz.	Chicken/Tuna Sandwich 1.5oz. W. wheat Bread ½ Serving Cucumber & Tomato Salad 2oz. Fresh Cantaloupe 2oz. 1% Milk 6oz.	Chicken Fajita 1.5oz. Flour Tortilla ½ Serv Refried Beans 2oz. Sliced Peach 2oz. 1% Milk 6oz	Meatballs & Cheese Sub 1.5oz. Whole Wheat Sub Roll ½ Serv. Steamed Cal-blend 2oz. Tropical Fruit 2oz. 1% Milk 6oz.
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Pepperoni Pizza ½ Serving. Fresh Salad W/Ranch Dressing 2oz Fresh Honeydew 2oz. 1% Milk 6oz.	Chili Mac 4oz. Whole wheat Pasta ½ Serving. Peas and Carrots 2oz. Fresh Apple & Orange 2oz. 1% Milk 6oz.	Spaghetti & Meatballs 4oz. Whole Wheat pasta ½ Serving. Ca-Blend Vegetables 2oz. Apple Slices 2oz. 1% Milk 6oz.	Turkey & Cheese Sandwich 1.5oz Whole Wheat Bread ½ Serving. Fresh Lettuce & Tomato 2oz Diced Pear 2oz. 1% Milk 6oz.	Chicken Curry Casserole 1.5oz. Brown Rice 2oz. 4-way Mix Vegetables 2oz. Fresh Mix Berries 2oz. 1% Milk 6oz.
<b>28</b>	<b>29</b>	<b>30</b>		
Chicken Nuggets 1.5oz Whole Wheat Bread ½ Serving. Celery & Carrots stick 2oz. Mixed Fruit 2oz. 1% Milk 6oz.	Meatloaf and Gravy 1.5oz Whole Wheat Dinner Roll ½ Serv Steamed Green Beans 2oz. Fresh Pineapple 2oz 1% milk 6oz	Stir Fry Fajita Chicken 1.5oz Brown Rice 2oz Stir Fry Vegetables 2oz. Fresh Orange 2oz 1% Milk 6oz		



## Desert Preschool Academy Snack For (2 -5) years old) April 1-30, 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	String Cheese 1oz. Triscuits Crackers 1/2 Serving. 100% Fruit Juice 4oz	Rice Cakes 1/2 Serving. Sunflower Dip 1 oz. Fruit Cup 4 oz Water	Granola W/ Yogurt 3/4 C Mixed Berries 4oz Water	Blueberry Muffin 1/2 Serving. Milk 4 oz.
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Naan Bread 1/2 Serving. Soft Spread Cheese 1 oz Diced peach 4oz. Water	Celery & Carrot Sticks 4oz. Ranch Dressing 1oz Ritz Crackers 1/2 Serving. Water	Sliced Fresh Apple 4oz. Soy Butter 1oz. Bread Sticks 1/2 Serving. Water	Fig Newtons 1/2 Serving. 1% milk 6oz	Triscuits 1/2 Serving. String Cheese 1/2 oz 100% Fruit Juice 4 oz
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Fresh Cucumber 4 oz. Ranch Dressing 1 oz Wheat Thins Crackers 1/2 Serving. Water	Hummus 1/2 oz. Pita Pocket 1/2 Serving. 100% Fruit Juice 4oz.	Fruit Yogurt 4oz Vanilla Wafers 1/2 Serving. Water	Raisin Bread 1/2 Serving. Babybel Cheese 1/2 oz water	Fresh Cantaloupe Cup 4 oz Goldfish Crackers 1/2 Serving. Water
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Corn Muffin 1/2 Serving. Milk 4 oz.	Pita pocket 1/2 Serving. Avocado Spread 1oz 100% Fruit Juice 4oz	Mixed Fresh Fruit 4 oz. Soft Bread sticks 1/2 Serving. Water.	Cottage Cheese 2oz. Diced Peach 4oz. Water	Celery sticks 4oz Sunflower Dip 1oz. Goldfish Crackers 1/2 Serving
<b>28</b>	<b>29</b>	<b>30</b>		
Granola W/Yogurt 1/2 serving. Diced Pears 4 oz. Water	Nutrigrain Bar 1/2 Serving. 1% milk 6oz	Fresh Baby Carrots 4oz Ranch Dressing 1/2oz Wheat Crackers 1/2 Serving		



## Desert Preschool Academy Breakfast For ( 1-2 ) years old April 1-30, 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Yogurt W/Corn Muffin 4oz Fresh Banana 4oz Milk 4oz	2 English Muffin ½ Serving Applesauce 4oz Milk 4oz	3 Biscuit W/Turkey Sausage ½ Serving Fresh Pineapple 4oz Milk 4oz	4 Orange & Berries Bread ½ Serving Mandarin Oranges 4oz Milk 4oz
7 Mini Bagels ½ Serving. Applesauce 4oz. Milk 4oz	8 Corn Muffins 1/2 Serving. Diced Peaches 4oz. Milk 4oz.	9 Pancakes ½ Serving. Fresh Berries 4oz. Milk 4oz	10 French Toast 1/2 Serving. Mandarin Oranges 4oz. Milk 4oz.	11 Corn Flakes 1 C Fresh Bananas 4oz. Milk 4oz
14 Waffles ½ Serving Sliced Apples 4oz. Milk 4oz.	15 Blueberry Muffin ½ Serving. Diced Pear 4oz. Milk 4oz.	16 Bran Bread 1/2 Serving. Tropical fruit 4oz. Milk 4oz.	17 Yogurt W/Graham Crackers 4oz. Fresh Oranges 4oz. Milk 4oz.	18 Raisin Bread ½ Serving. Applesauce 4oz. 1% Milk 4oz.
21 Orange & Berries Bread ½ Serving. Fresh Banana 4oz. Milk 4oz.	22 English Muffins 3/4 C Tropical Fruit 4oz. Milk 4oz.	23 French Toast 4oz Diced Mango 4oz. Milk 4oz.	24 Carrot Bread 1/2 serving Diced Peaches 4oz. Milk 4oz	25 Pancakes Serving Fresh Bananas 4oz. Milk 4oz
28 Banana Bread 1/2 Serving Mandarin Oranges 4oz. Milk 4oz.	29 Mini Bagels ½ Serving Mix Fruit 4oz Milk 4oz	30 Zucchini Bread ½ Serving Pineapple Tidbits 4oz Milk 4oz		



## Desert Preschool Academy Lunch For (1-2) yrs. April 1-30, 2025.

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	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Chicken Curry Casserole 1oz Brown Rice 2oz Steamed Green Brean 2oz. Mixed Fruit 1oz Milk 4oz	Cheese Pizza ½ Serving. Steamed Vegetables 1oz. Diced Peaches 1oz. Milk 4oz	Chicken Nuggets 1oz. Whole grain Bread ½ serving. Ca-Blend Vegetables 1oz. Mixed Fruit 1oz. Milk 4oz.	Herbs Baked Fish 1oz. Rice Pilaf 2oz. Steamed Vegetables 1oz. Fresh Oranges 1oz. Milk 4oz.
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Hamburger W/Cheese 1oz. Wheat Burger Bun ½ Serving. Steamed Vegetables 1oz. Fresh Mango 1oz. Milk 4oz	Chicken Alfredo Pasta 1oz Whole Wheat pasta ½ Serving. Steamed Broccoli 1oz. Fresh Watermelon 1oz Milk 4oz.	Chicken Salad 1oz. Whole Wheat Crackers ½ serv Steamed Vegetables 1oz. Mandarin Oranges 1oz. Milk 4oz.	Mac and Cheese 4oz. Whole Wheat Pasta ½ Serving. Steamed Cauliflower 1oz. Pincapple Tidbits 1oz Milk 4oz.	Turkey & Cheese Wrap 1oz. Wheat Spinach Tortilla ½ Serving. Potato Salad 1oz. Sliced Apples 1oz. Milk 4oz.
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>1</b>
Ground Beef & Cheese Tostada Tostada Shell ½ Serving. Mixed Vegetables 1oz. Fresh Mix Berries 1oz. Milk 4oz.	BBQ Chicken 1oz. Whole Grain Pasta ½ Serving. Green Beans 1oz. Mandarin Oranges 1oz. Milk 4oz.	Chicken/Tuna Sandwich 1oz W. Wheat Bread w/Ch ½ Serv Cucumber & Tomato Salad 1oz. Fresh Cantaloupe 1oz Milk 4oz	Chicken Fajita 1oz Wheat Flour Tortilla ½ Serv Refried Beans 1oz. Sliced Peaches 1oz. Milk 4oz	Meatballs& Cheese Sub 1oz. Wheat Sub Roll ½ Serv. Steamed Cal-blend 1oz. Tropical Fruit 1oz. Milk 4oz.
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Pepperoni Pizza ½ Serving Steamed Vegetables 1oz Fresh Honeydew 1oz. Diced Peaches 1oz. Milk 4oz.	Chili Mac 2oz. Whole Grain Pasta ½ Serving. Peas and Carrots 1oz. Diced Peaches 1oz. Milk 4oz.	Spaghetti & Meatballs 1oz. Whole Wheat pasta ½ Serving. Ca-Blend Vegetables 1oz. Apple Slices 1oz. Milk 4oz.	Turkey & Cheese Sandwich 1oz W. Wheat Bread ½ serving. Steamed Vegetables 1oz. Diced Pears 1oz. Milk 4oz.	Chicken Curry Casserole 1oz. Brown Rice 2oz. 4-way Mix Vegetables 1oz. Fresh Mix Berries 1oz. Milk 4oz.
<b>28</b>	<b>29</b>	<b>30</b>		
Chicken Nuggets 1oz. W. Wheat Bread ½ Serving. Steamed Celery & Carrots Sticks 1oz. Mixed Fruit 1oz. Milk 4oz	Meatloaf And Gravy 1oz W. Wheat Dinner roll ½ Serving Steamed Green Beans 1oz. Fresh Pincapple 1oz Milk 4oz	Stir Fry Fajita Chicken 1oz. Brown Rice 2oz. Stir Fry Vegetables 1oz. Fresh Oranges 1oz Milk 4oz		



## Desert Preschool Academy Snack For (1-2) years old April 1-30, 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	String Cheese 1oz. Triscuit Crackers ½ Serving. Water	Rice Cakes ½ Serving. Sunflower Dip 1oz. Fruit Cup 4oz Water	Vanilla Wafers W/ Yogurt 4oz Mixed Berries 4oz Water	Blueberry Muffin ½ Serving. Milk 4oz.
7	8	9	10	11
Wheat Thins Crackers ½ Serving. Diced peach 4oz. Water.	Steamed Celery & Carrots Sticks ½oz. Ritz Crackers ½ Serving. 100% Fruit Juice 4oz.	Sliced Apples 4oz. Animal Crackers ½ Serving. Water	Fig Newtons ½ Serving. Milk 4oz.	Triscuits ½ Serving. String Cheese ½ oz 100% Fruit Juice 4oz
14	15	16	17	18
Fresh Cucumber 4oz. Ranch Dressing 1oz Wheat Thins Crackers ½ Serving	Hummus ½ oz. Pita Pocket ½ Serving. 100% Fruit Juice 4oz.	Fruit Yogurt 4oz Vanilla Wafers ½ Serving. Water	Raisin Bread ½ Serving. Babybel Cheese 1/2oz. Water	Fresh Cantaloupe Cup 4oz Goldfish Crackers ½ Serving. Water
21	22	23	24	25
Corn Bread ½ Serving. Milk 4oz.	Pita Pocket ½ Serving. Avocado Spread 1oz 100% Fruit Juice.	Mixed Fresh Fruit 4oz. Graham Crackers ½ Serving. Water	Cottage Cheese 2oz. Diced Peache 4oz. Water	Goldfish Crackers ½ Serving. 100% Fruit Juice 4oz.
28	29	30		
Fruit Yogurt 4oz Ritz Crackers ½ Serving. Water	Nutrigrain Bar ½ Serving. Milk 4oz.	Steamed Baby Carrots 4oz. String Cheese 1oz Water		



## Desert Preschool Academy Breakfast-Lunch-Snack (Infants 6-11 months) April 01-30, 2025.

Breakfast 6-11 Months: Infant cereal 2-4 Tbsp. Fruit/ Vegetable 1-4 Tbsp.  
 Lunch 6-11 Months: Infant Cereal 2-4 Tbsp. Meats - Meat Alternative 1-4 Tbsp. Fruit/Vegetable 1-4 Tbsp  
 Snack 6-11 Months: Bread ½ serv. Crackers 2ea., Fruit/ Vegetable 1-4 Tbsp, 100% Fruit Juice 2-4 Fluid oz.  
 Formula/Breast Milk: 0-3 Mo. B-L-S, 4-6 Fl oz., 4-7 Mo. 4-8 Fl oz., 8-11 Mo. 6-8 Fl oz. at each Mealtime.  
 Note: Individual Feeding Plans for infants in transition to solid food items will be prepared as follows:  
 Steamed, Mashed or puree to provide the texture and consistency needed for the infant.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Breakfast - Applesauce Lunch - Squash and chicken Snack - Green beans or Pears  Infant Cereal (Rice or Oatmeal)	Breakfast- peaches Lunch - carrots and Beef Snack - Green peas or apples  Infant Cereal (Rice or Oatmeal)	Breakfast - Bananas Lunch -Sweet potato and Turkey Snack -Squash or Applesauce  Infant Cereal (Rice or Oatmeal)	Breakfast - Pears Lunch - Green Beans and Chicken Snack - Peaches  Infant Cereal (Rice or Oatmeal)
7	8	9	10	11
Breakfast- Bananas Lunch - Carrots and Beef Snack - Pears  Infant Cereal (Rice or Oatmeal)	Breakfast - Applesauce Lunch -Squash and chicken Snack - Green beans or Apricot  Infant Cereal (Rice or Oatmeal)	Breakfast- peaches Lunch - carrots and turkey Snack - Green peas or apples  Infant Cereal (Rice or Oatmeal)	2 Breakfast - Bananas Lunch -Sweet potato and Turkey Snack -Squash or Applesauce  Infant Cereal (Rice or Oatmeal)	Breakfast - Pears Lunch - Green Beans and Chicken Snack - Peaches  Infant Cereal (Rice or Oatmeal)
14	15	16	17	18
Breakfast- Bananas Lunch - Carrots and Beef Snack - Apricot  Infant Cereal (Rice or Oatmeal)	Breakfast - Applesauce Lunch - Squash and chicken Snack - Green beans or Pears  Infant Cereal (Rice or Oatmeal)	Breakfast- peaches Lunch - carrots and Turkey Snack - Green peas or apples  Infant Cereal (Rice or Oatmeal)	Breakfast - Bananas Lunch -Sweet potato and Turkey Snack -Squash or Applesauce  Infant Cereal (Rice or Oatmeal)	Breakfast - Pears Lunch - Green Beans and Chicken Snack - Peaches  Infant Cereal (Rice or Oatmeal)
21	22	23	24	25
Breakfast- Bananas Lunch - Carrots and beef Snack - Pears  Infant Cereal (Rice or Oatmeal)	Breakfast - Applesauce Lunch - Squash and chicken Snack - Green beans or Apricot  Infant Cereal (Rice or Oatmeal)	Breakfast- peaches Lunch - carrots and Turkey Snack - Green peas or apples  Infant Cereal (Rice or Oatmeal)	Breakfast - Bananas Lunch -Sweet potato and Turkey Snack -Squash or Applesauce  Infant Cereal (Rice or Oatmeal)	Breakfast - Pears Lunch - Green Beans and Chicken Snack - Peaches  Infant Cereal (Rice or Oatmeal)
28	29	30		
Breakfast- Bananas Lunch - Carrots and Beef Snack - Peaches  Infant Cereal (Rice or Oatmeal)	Breakfast- peaches Lunch- Green Beans and Turkey Snack- Sweet Potatoes Infant Cereal (Rice or Oatmeal)	Breakfast- Carrots Lunch- Chicken and Squash Snack- Bananas  Infant Cereal (Rice Cereal)		

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

**This institution is an equal opportunity provider.**