



# Desert Preschool Academy

## Breakfast-Lunch-Snack (Infants 6-11 months)

### April 01-30, 2024

Breakfast 6-11 Months; Infant cereal 2-4 Tbsp. Fruit/ Vegetable 1-4 Tbsp.  
 Lunch 6-11 Months; Infant Cereal 2-4 Tbsp. Meats - Meat Alternative 1-4 Tbsp. Fruit/Vegetable 1-4 Tbsp  
 Snack 6-11 Months; Bread ½ serv. Crackers 2ea., Fruit/ Vegetable 1-4 Tbsp, 100% Fruit Juice 2-4 Fluid oz.  
 Formula /Breast Milk; 0-3 Mo. B-L-S, 4-6 Fl oz., 4-7 Mo. 4-8 Fl oz., 8-11 Mo. 6-8 Fl oz. at each Mealtime.  
 Note: Individual Feeding Plans for infants in transition to solid food items will be prepared as follows;  
 Steamed, Mashed or puree to provide the texture and consistency needed for the infant.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Breakfast- Fruit Lunch - Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>2</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>3</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>4</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>5</b> Breakfast - Fruit Lunch - Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)
<b>8</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>9</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>10</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>11</b> Breakfast- Fruit Lunch - Veggies, Meats Snack - Yogurt  Infant Cereal (Rice or Oatmeal)	<b>12</b> Breakfast - Fruit Lunch - Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)
<b>15</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>16</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>17</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>18</b> Breakfast- Fruit Lunch - Veggies, Meats Snack - Yogurt  Infant Cereal (Rice or Oatmeal)	<b>19</b> Breakfast - Fruit Lunch - Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)
<b>22</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>23</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>24</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>25</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>26</b> Breakfast- Fruit Lunch - Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)
<b>29</b> Breakfast- Fruit Lunch - Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>30</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)			



**Desert Preschool Academy**  
**Breakfast For (1-2 years old)**  
**April 01-30, 2024**

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children ages 1-2 years of age are served whole milk. Children 3-5 years of age are served 1% milk. Dairy Substitutions: Soy milk, soy yogurt and soy butter  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day. We are a nut free institution.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Rice Chex cereal 1 C. Fresh Bananas 2oz. Milk 4oz.	<b>2</b> Blueberry Muffins ½ Serving. Mandarin Orange 2oz. Milk 4oz.	<b>3</b> Cheerios Cereal ¾ C. Tropical fruit 2oz. Milk 4oz.	<b>5</b> English muffins ½ serving. Applesauce Cup 2oz. Milk 4oz.	<b>6</b> Raising bread ½ serving. Diced Peach 2oz. Milk 4oz.
<b>8</b> Rice Krispies Cereal ¾ C. Fresh Bananas 2oz. Milk 4oz.	<b>9</b> Mini bagels ½ serving. Mandarin Orange 2oz. Milk 4oz.	<b>10</b> Cold Cereal ½ c. Tropical fruit 2oz. Milk 4oz.	<b>11</b> Pancakes ½ Serving. Applesauce Cup 2oz. Milk 4oz.	<b>12</b> Banana Bread ½ Serving. Diced Pears 2oz. Milk 4oz
<b>15</b> Corn Flakes Cereal ¾ C. Fresh Bananas 2oz. Milk 4oz.	<b>16</b> Bran Muffins ½ Serving. Mandarin Orange 2oz. Milk 4oz .	<b>17</b> Cheerios Cereal ¾ c. Tropical fruit 2oz. Milk 4oz.	<b>18</b> Waffles ½ Serving. Applesauce Cup 2oz. Milk 4oz.	<b>19</b> Raising bread ½ serving. Diced Pears 2oz. Milk 4oz.
<b>22</b> Rice Chex cereal 1 C. Fresh Bananas 2oz. Milk 4oz.	<b>23</b> Corn Muffins ½ Serving. Mandarin Orange 2oz. Milk 4oz.	<b>24</b> Cold Cereal ½ c. Tropical fruit 2oz. Milk 4oz.	<b>25</b> French toast ½ serving. Applesauce Cup 2oz. Milk 4oz.	<b>26</b> Banana Bread ½ Serving. Diced Pears 2oz. Milk 4oz.
<b>29</b> Rice Krispies Cereal ¾ C. Fresh Bananas 2oz. Milk 4oz.	<b>30</b> Mini bagels ½ serving. Mandarin Orange 2oz. Milk 4oz.			



**Desert Preschool Academy**  
**Lunch For (1-2 years old)**  
**April 01-30, 2024**

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children ages 1-2 years of age are served whole milk. Children 3-5 years of age are served 1% milk. Dairy Substitutions: Soy milk, soy yogurt and soy butter  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day.

We are a nut free institution.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Spaghetti & Meatball 1 oz. Spaghetti pasta ¼ c. Fresh salad 1oz. Fresh mixed fruit 1oz. Milk 4oz.	<b>2</b> Pepperoni pizza 1 ea. Fresh Salad 1oz. Fresh Apples Slices 1oz. Milk 4oz	<b>3</b> Chicken Nuggets 1oz. Sweet Potato fries 1oz. Fresh Strawberries 1oz. Milk 4oz.	<b>4</b> Tuna salad 1oz. Bread ½ serving. 5 way Mix vegetables 1oz. Fresh Honeydew 1oz. Milk 4oz.	<b>5</b> Cheese Quesadilla 1oz Flour tortilla ½ Servng. Refried Beans 1oz. Canned Pineapple 1oz. Milk 4oz.
<b>8</b> B.B.Q Chicken 1oz. Wheat Bread ¼ c. Meshed Potato 1oz. Watermelon 1oz. Milk 4oz	<b>9</b> Bean and cheese taco 1oz. Flour tortillas ½ serving. Steamed Corn 1oz. Fresh Orange Slices 1oz. Milk 4oz	<b>10</b> Mac & Cheese sauce 2 oz. Elbow Pasta ¼ c. Steamed Cal-blend 1oz. Fresh Mixed Berries 1oz. Milk 4oz	<b>11</b> Cheese- Turkey Wrap 1oz. Spinach tortilla wrap ½ Serving. Cucumber-Tomato 1oz. Fresh Cantaloupe 1oz. Milk 4oz.	<b>12</b> Fish Sticks 1oz. Breeding ½ serving. Potato salad 1oz. Canned apples 1oz. Milk 4oz
<b>15</b> Beef and cheese taco 1oz. Flour tortillas ½ serving. Fresh Lettuce & tomato 1oz. Canned mixed fruit 1oz. Milk 4oz.	<b>16</b> Beef Chimichangas 1 ea. Steamed Cal-blend 1oz. Fresh Apples Slices 1oz. Milk 4oz.	<b>17</b> Meatball-veg Soup 1c. Saltine Crackers ½ serving. Fresh Mix vegetables 1oz. Fresh Strawberries 1oz. Milk 4oz.	<b>18</b> Chicken salad 1oz. 5 way Mix vegetables 1oz. Fresh Honeydew 1oz. Milk 4oz.	<b>19</b> Cheese Pizza 1 ea. Fresh carrots 1oz Fresh Pineapple 1oz. Milk 4oz.
<b>22</b> Chicken Stir Fry 1oz. Steamed Rice ¼ c. Stir fry vegetables 1oz. Watermelon 1oz. Milk 4oz.	<b>23</b> Chili Mac 1oz. Wheat Pasta ¼ c. Steamed Green Beans 1oz. Fresh Oranges slices 1oz. Milk 4oz.	<b>24</b> Chicken patties 1oz. Hamburger Buns ½ serving. fresh veggies 1oz. Fresh mixed Berries 1oz. Milk 4oz.	<b>25</b> Turkey- cheese sandwich 1oz. Wheat Bread ½ serving. Celey-carrot sticks 1oz Fresh Honeydew 1oz. Milk 4oz	<b>26</b> Mac & Cheese sauce 2oz. Elbow Pasta ¼ c. Steamed mix Vegetable 1oz. Canned Apples 1oz. Milk 4oz.
<b>29</b> Beef patties & Cheese 1oz. Hamburger Bun ½ serving. Sweet potato fries 1 oz. Fresh mix fruit 1oz. Milk 4oz.	<b>30</b> Cheese sandwich 1oz Wheat Bread ½ serving. Tomato soup 1oz. Fresh Oranges Slices 1oz. Milk 4oz.			



**Desert Preschool Academy**  
**Snack For (1-2 years old)**  
**April 01-30, 2024**

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children ages 1-2 years of age are served whole milk. Children 3-5 years of age are served 1% milk. Dairy Substitutions: Soy milk, soy yogurt and soy butter  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day.

We are a nut free institution.

	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>1</b> Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz.	<b>2</b> Soft spread cheese 1ea. Naan Bread ½ Serving. Tropical fruit 4oz.	<b>3</b> Broccoli-cauliflower florets 4oz Breadsticks ½ serving. Ranch dressing 1oz. Water.	<b>4</b> fruit Yogurt 2oz. Animal Crackers ½ Serving. Water	<b>5</b> Strawberry Nutri G ½ Serving. Milk 4oz.
<b>8</b> Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz.	<b>9</b> String cheese 1ea Bread sticks ½ Serving. Applesauce 4oz.	<b>10</b> Carrot sticks 2oz. Ritz crackers ½ serving. Cream cheese 1oz.	<b>11</b> Fruit Yogurt 2oz. Graham crackers ½ Serving. Water.	<b>12</b> Fig Newtons Bar ½ serving. Milk 4oz.
<b>15</b> Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz.	<b>16</b> Babybel Semisoft ch. 1ea. Saltine Crackers ½ Serving. Tropical fruit 4oz.	<b>17</b> Cottage cheese 2oz. Diced peach 4oz. Water.	<b>18</b> Fruit Yogurt 2oz. Vanilla wafers ½ Serving. Water.	<b>19</b> Apple Nutri G ½ Serving. Milk 4oz.
<b>22</b> Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz	<b>23</b> String cheese 1ea. Bread sticks ½ Serving. Applesauce 4oz.	<b>24</b> Celery sticks 4oz Soy butter 1oz. Water.	<b>25</b> Fruit Yogurt 2oz. Graham Crackers ½ Serving. Water.	<b>26</b> Fig Newtons Bar ½ serving. Milk 4oz.
<b>29</b> Cheese crackers ½ serving. 100% Fruit Juice 4 oz.	<b>30</b> Soft spread cheese 1ea. Naan Bread ½ Serving. Tropical fruit 4oz.			



# Desert Preschool Academy

## Breakfast For (2-5 years old)

### April 01-30, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children ages 1-2 years of age are served whole milk. Children 3-5 years of age are served 1% milk. Dairy Substitutions: Soy milk, soy yogurt and soy butter  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day. We are a nut free institution.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Rice Chex cereal 1 C. Fresh Bananas 4oz. 1% Milk 6oz.	<b>2</b> Blueberry Muffins ½ Serving. Mandarin Orange 4oz. 1% Milk 6oz.	<b>3</b> Cheerios Cereal ¾ C. Tropical fruit 4oz. 1% Milk 6oz.	<b>5</b> English muffins ½ serving. Applesauce Cup 4oz. 1% Milk 6oz.	<b>6</b> Raising bread ½ serving. Diced Peach 4oz. 1% Milk 6oz.
<b>8</b> Rice Krispies Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz.	<b>9</b> Mini bagels ½ serving. Mandarin Orange 4oz. 1% Milk 6oz.	<b>10</b> Cold Cereal ½ c. Tropical fruit 4oz. 1% Milk 6oz.	<b>11</b> Pancakes ½ Serving. Applesauce Cup 4oz. 1% Milk 6oz.	<b>12</b> Banana Bread ½ Serving. Diced Pears 4oz. 1% Milk 6oz.
<b>15</b> Corn Flakes Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz.	<b>16</b> Bran Muffins ½ Serving. Mandarin Orange 4oz. 1% Milk 6oz.	<b>17</b> Cheerios Cereal ¾ c. Tropical fruit 4oz. 1% Milk 6oz.	<b>18</b> Waffles ½ Serving. Applesauce Cup 4oz. 1% Milk 6oz.	<b>19</b> Raising bread ½ serving. Diced Pears 4oz. 1% Milk 6oz.
<b>22</b> Rice Chex cereal 1 C. Fresh Bananas 4oz. 1% Milk 6oz.	<b>23</b> Corn Muffins ½ Serving. Mandarin Orange 4oz. 1% Milk 6oz.	<b>24</b> Cold Cereal ½ c. Tropical fruit 4oz. 1% Milk 6oz.	<b>25</b> French toast ½ serving. Applesauce Cup 4oz. 1% Milk 6oz.	<b>26</b> Banana Bread ½ Serving. Diced Pears 4oz. 1% Milk 6oz.
<b>29</b> Rice Krispies Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz.	<b>30</b> Mini bagels ½ serving. Mandarin Orange 4oz. 1% Milk 6oz.			



# Desert Preschool Academy

## Lunch For (2-5 years old)

### April 01-30, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children ages 1-2 years of age are served whole milk. Children 3-5 years of age are served 1% milk. Dairy Substitutions: Soy milk, soy yogurt and soy butter  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day.

We are a nut free institution.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Spaghetti & Meatball 1.5 oz. Spaghetti pasta ¼ c. Fresh salad 2oz. Fresh mix fruit 2oz. 1% Milk 6oz.	<b>2</b> Pepperoni pizza 1 ea. Fresh Salad 2oz. Fresh Apples Slices 2oz. 1% Milk 6oz	<b>3</b> Chicken Nuggets 1.5ozc. Sweet Potato fries 2oz. Fresh Strawberries 2oz. 1% Milk 6oz.	<b>4</b> Tuna salad 1.5 oz. Bread ½ serving. 5 way Mix vegetables 2oz. Fresh Honeydew 2oz. 1% Milk 6oz.	<b>5</b> Cheese Quesadilla 1.5 oz Flour tortilla ½ Servng. Refried Beans 2oz. Canned Pineapple 2oz. 1% Milk 6oz.
<b>8</b> B.B.Q Chicken 1.5 oz. Wheat Bread ¼ c. Meshed Potato 2oz. Watermelon 2oz. 1% Milk 6oz	<b>9</b> Bean and cheese taco 1.5oz. Flour tortillas ½ serving. Steamed Corn 2oz. Fresh Orange Slices 2oz. 1% Milk 6oz	<b>10</b> Mac & Cheese sauce 3 oz. Elbow Pasta ¼ c. Steamed Cal-blend 2oz. Fresh Mixed Berries 2oz. 1% Milk 6oz	<b>11</b> Cheese- Turkey Wrap 1.5oz. Spinach tortilla wrap ½ Serving. Cucumber-Tomato 2oz. Fresh Cantaloupe 2oz. 1% Milk 6oz.	<b>12</b> Fish Sticks 1.5oz. Breeding ½ serving. Potato salad 2oz. Canned apples 2oz. 1% Milk 6oz
<b>15</b> Beef and cheese taco 1.5 oz. Flour tortillas ½ serving. Fresh Lettuce & tomato 2oz. Canned mixed fruit 2oz. 1% Milk 6oz.	<b>16</b> Beef Chimichangas 1 ea. Steamed Cal-blend 2oz. Fresh Apples Slices 2oz. 1% Milk 6oz.	<b>17</b> Meatball-veg Soup 1c. Saltine Crackers ½ serving. Fresh Mix vegetables 2oz. Fresh Strawberries 2oz. 1% Milk 6oz.	<b>18</b> Chicken salad 1.5 oz. 5 way Mix vegetables 2oz. Fresh Honeydew 2oz. 1% Milk 6oz.	<b>19</b> Cheese Pizza 1 ea. Fresh carrots 2oz Fresh Pineapple 2oz. 1% Milk 6oz.
<b>22</b> Chicken Stir Fry 1.5oz. Steamed Rice ¼ c. Stir fry vegetables 2oz. Watermelon 2oz. 1% Milk 6oz.	<b>23</b> Chili Mac 1.5oz. Wheat Pasta ¼ c. Steamed Green Beans 2oz. Fresh Oranges slices 2oz. 1% Milk 6oz.	<b>24</b> Chicken patties 1.5oz. Hamburger Buns ½ serving. fresh veggies 2oz. Fresh mixed Berries 2oz. 1% Milk 6oz.	<b>25</b> Turkey- cheese sandwich 1.5oz. Wheat Bread ½ serving. Celey-carrot sticks 2oz Fresh Honeydew 2oz. 1% Milk 6oz	<b>26</b> Mac & Cheese sauce 3 oz. Elbow Pasta ¼ c. Steamed mix Vegetable 2oz. Canned Apples 2oz. 1% Milk 6oz.
<b>29</b> Beef patties & Cheese 1.5 oz. Hamburger Bun ½ serving. Sweet potato fries 2 oz. Fresh mix fruit 2oz. 1% Milk 6oz.	<b>30</b> Cheese sandwich 1.5 oz Wheat Bread ½ serving. Tomato soup 4oz. Fresh Oranges Slices 2oz. 1% Milk 6oz.			



# Desert Preschool Academy

## Snack For (2-5 years old)

### April 01-30, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children ages 1-2 years of age are served whole milk. Children 3-5 years of age are served 1% milk. Dairy Substitutions: Soy milk, soy yogurt and soy butter  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day.

We are a nut free institution.

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz.	<b>2</b> Soft spread cheese 1ea. Naan Bread ½ Serving. Tropical fruit 4oz.	<b>3</b> Broccoli-cauliflower florets 4oz Breadsticks ½ serving. Ranch dressing 1oz. Water.	<b>4</b> fruit Yogurt 2oz. Animal Crackers ½ Serving. Water	<b>5</b> Strawberry Nutri G ½ Serving. 1% Milk 4oz.
<b>8</b> Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz.	<b>9</b> String cheese 1ea Bread sticks ½ Serving. Applesauce 4oz.	<b>10</b> Carrot sticks 2oz. Ritz crackers ½ serving. Cream cheese 1oz.	<b>11</b> Fruit Yogurt 2oz. Graham crackers ½ Serving. Water.	<b>12</b> Fig Newtons Bar ½ serving. 1% Milk 4oz.
<b>15</b> Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz.	<b>16</b> Babybel Semisoft ch. 1ea. Saltine Crackers ½ Serving. Tropical fruit 4oz.	<b>17</b> Cottage cheese 2oz. Diced peach 4oz. Water.	<b>18</b> Fruit Yogurt 2oz. Vanilla wafers ½ Serving. Water.	<b>19</b> Apple Nutri G ½ Serving. 1% Milk 4oz.
<b>22</b> Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz	<b>23</b> String cheese 1ea. Bread sticks ½ Serving. Applesauce 4oz.	<b>24</b> Celery sticks 4oz Soy butter 1oz. Water.	<b>25</b> Fruit Yogurt 2oz. Graham Crackers ½ Serving. Water.	<b>26</b> Fig Newtons Bar ½ serving. 1% Milk 4oz.
<b>29</b> Cheese crackers ½ serving. 100% Fruit Juice 4 oz.	<b>30</b> Soft spread cheese 1ea. Naan Bread ½ Serving. Tropical fruit 4oz.			

Water is Available to Children Daily. We are a Nut Free Institution.

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

**This institution is an equal opportunity provider.**