



## Desert Preschool Academy

### Snack For (6-12 years old)

### February 3-28, 2025

PLEASE NOTE: We are a nut free institution. Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day.  
 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk  
 Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, Soy yogurt, Soy butter, Non-Dairy and Plant Based Cheese.  
 Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Cottage Cheese 4 oz. Diced Peaches 4 oz. Water	Corn Muffin 1 Serving Fruit Cup 4 oz. 1% Milk 8 oz.	Babybel Cheese 1oz. Goldfish Crackers 1 Serving Pineapple Cup 4 oz.	Ritz Crackers 1 Serving Sun Butter 1 oz 100% Fruit Juice 4 oz.	Avocado Dip 6 oz. Whole Grain Breadstick 1 Serving String Cheese 1 oz. Water
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Yogurt 6 oz. Graham Crackers 1 Serving Water	Cheez-it Crackers 1 Serving Mandarin Orange Cup 4 oz. 1% Milk 8 oz.	Berry Nutri-grain Bar 1 Serving Tropical Fruit Cup 4 oz. 1% Milk 8 oz.	Hummus 1 oz. Pita Pocket 1 Serving 100% Fruit Juice 4 oz.	Wheat Thins 1 Serving Cream cheese 1 oz. Applesauce 4 oz. Water
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>HOLIDAY SCHOOL CLOSED</b>	Cottage Cheese 4 oz. Pineapple Tidbits 4 oz. Water	Fig Newtons 1 Serving Watermelon 4 oz. 1% Milk 8 oz.	String Cheese 1 oz. Saltine Crackers 1 Serving Tropical Fruit Cup 4 oz. Water	Avocado Toast Whole Grain Toast Bread 1 Serving Avocado Dip 6 oz. Water
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Carrot Sticks 4 oz. Triscuits 1 Serving Ranch Dressing 1 oz.	Graham Crackers 1 Serving Mixed Fruit Cup 4 oz. 1% Milk 8 oz.	Babybel Cheese 1 oz. Naan Bread 1 Serving 100% Fruit Juice 4 oz.	Fruit Yogurt 6 oz. Animal Crackers 1 Serving Water	Wheat Thins 1 Serving Cream cheese 1 oz. Applesauce 4 oz. Water



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 Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Cheese Quesadilla 2 oz. Flour Tortilla 1 Serving Refried Beans 4 oz. Fresh Orange Slices 2 oz. 1% Milk 8 oz.	<b>4</b> Chicken Nuggets 2 oz. Whole Wheat Bread 1 Serving Steamed fiesta Corn 4 oz. Mixed Berries 2 oz. 1% Milk 8 oz.	<b>5</b> Albondigas Soup 1.5 Cup Whole Grain Saltine Crackers Fresh Mixed Vegetables 4 oz. Honey Dew Melon 2 oz. 1% Milk 8 oz.	<b>6</b> Mac & Cheese 1.5 Cup Whole Grain Pasta ½ Cup Steamed Broccoli 4 oz. Apple Slices 2 oz. 1% Milk 8 oz.	<b>7</b> Chicken and Rice Soup 1.5 Cup Diced Chicken 2 oz. Steamed Rice ½ Cup Steamed Cauliflower 4 oz. Fresh Bananas 2 oz. 1% Milk 8 oz.
<b>10</b> Beef Stroganoff 2 oz. Whole Grain Pasta ½ Cup Green Beans 4 oz. Watermelon 2 oz. 1% Milk 8 oz.	<b>11</b> Chicken & Cheese Wrap 2 oz. Spinach Tortilla 1 Serving Fresh Mixed Vegetables 4 oz. Diced Pears 2 oz. 1% Milk 8 oz.	<b>12</b> Turkey and Potato Soup 1.5 C Whole Wheat Bread 1 Serving Diced Potatoes 4 oz. Fresh Pineapple 2 oz. 1% Milk 8 oz.	<b>13</b> Chicken Marinara 2 oz. Whole Grain Pasta ½ Cup Cucumber Slices 4 oz. Cantaloupe Melon 2 oz. 1% Milk 8 oz.	<b>14</b> 5 Cheese Ravioli 5 oz. Whole Grain Bread Slice 1 Serving Green Salad 4 oz. Sliced Peaches 2 oz. 1% Milk 8 oz.
<b>17</b> <b>HOLIDAY</b> <b>SCHOOL CLOSED</b>	<b>18</b> Chicken Nuggets 2 oz. Whole Wheat Bread 1 Serving Corn 4 oz. Apple Slices 2 oz. 1% Milk 8 oz.	<b>19</b> Ground Beef - Rice Bowl 1 Cup Spanish Rice ½ Cup Pico de Gallo 4 oz. Tropical Fruit 2 oz. 1% Milk 8 oz.	<b>20</b> Chicken Noodle Soup 1.5 Cup Whole Grain Pasta ½ Cup Mixed Vegetables 4 oz. Fresh Banana 2 oz. 1% Milk 8 oz.	<b>21</b> Beef Tostada or Taco 2 oz. Shell Tostada or Soft Tortilla 1 Serv. Pico De Gallo 4 oz. Fresh Orange Slices 2 oz. 1% Milk 8 oz.
<b>24</b> Spaghetti and Meatballs 2oz. Whole Grain Pasta ½ Cup Green salad 4 oz. Mixed Berries 2 oz. 1% Milk 8 oz.	<b>25</b> BBQ Chicken 2 oz. Whole Wheat Dinner Rolls 1 Serving Mashed Potatoes 4 oz. Tropical Fruit 2 oz. 1% Milk 8 oz.	<b>26</b> Baked Fish fillets in Italian Herbs 2 oz. Rice Pilaf ½ Cup Fresh Mixed Vegetables 4 oz. Fresh Orange Slices 2 oz. 1% Milk 8 oz.	<b>27</b> Turkey and Cheese Sand 2 oz. Whole Wheat Bread 1 Serving. Tomato Basil Soup 6 oz. Mixed Fruit 2 oz. 1% Milk 8 oz.	<b>28</b> Sloppy Joe 2 oz. Whole Grain Bun 1 Serving Cole Slaw 4 oz. Diced Peaches 2 oz. 1% Milk 8 oz.



**Desert Preschool Academy**  
**Breakfast For ( 6 - 12 ) years old)**  
**February 3-28, 2025**

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 Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, Soy yogurt, Soy butter, Non-Dairy and Plant Based Cheese.  
 Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>  Pancakes 1 Serving. Mixed Fruit 4 oz. 1% Milk 8 oz	<b>4</b>  Blueberry Muffin 1 Serving. Diced Pears 4 oz. 1% Milk 8 oz.	<b>5</b>  Waffles 1 Serving. Jelly 1 oz. Mixed Berries 4 oz. 1% Milk 8 oz.	<b>6</b>  Applesauce Bread 1 Serving Diced Peaches 4 oz. 1% Milk 8 oz.	<b>7</b>  French Toast 1 Serving Fresh Fruit 4 oz. 1% Milk 8 oz.
<b>10</b>  Mini Bagels 1 Serving Jelly 1 oz. Fresh Mango 4 oz. 1% Milk 8 oz	<b>11</b>  Yogurt 6 oz. Granola 1 oz. Mixed Berries 4 oz. 1% Milk 8 oz.	<b>12</b>  Orange- Berries Bread 1 Serv. Mandarin Oranges 4 oz. 1% Milk 8 oz.	<b>13</b>  English Muffins 1 Serv. Cream Cheese 1 oz. Pineapple Tidbits 4 oz. 1% Milk 8 oz.	<b>14</b>  Zucchini Bread 1 Serving Fresh Oranges 4 oz. 1% Milk 8 oz
<b>17</b>  <b>HOLIDAY SCHOOL CLOSED</b>	<b>18</b>  French Toast 1 Serving Tropical Fruit 4 oz. 1% Milk 8 oz.	<b>19</b>  Corn Muffins 1 Serving Diced Peach 4 oz. 1% Milk 8 oz.	<b>20</b>  Yogurt 6 oz. Granola 1 oz Mixed Fruit 4 oz. 1% Milk 8 oz.	<b>21</b>  Banana Bread 1 Serving Fresh Mango 4 oz 1% Milk 8 oz
<b>24</b>  Bran Muffin 1 Serving Mandarin Oranges 4 oz. 1% Milk 8 oz.	<b>25</b>  Rice Chex Cereal 1 ¼ Cup Fresh Bananas 4 oz. 1% Milk 8 oz.	<b>26</b>  Mini Bagels 1 Serving Cream cheese 1oz. Applesauce 4 oz. 1% Milk 8 oz	<b>27</b>  Pancakes 1 Serving Diced Pears 4 oz. 1% Milk 8 oz.	<b>28</b>  Carrot Bread 1 Serving Tropical Fruit 4 oz. 1% Milk 8 oz.



# Desert Preschool Academy

## Snack For (2 -5 years old)

### February 3-28, 2025

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 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk  
 Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, Soy yogurt, Soy butter, Non-Dairy and Plant Based Cheese.  
 Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>  Cottage Cheese 2 oz. Diced Peaches 4 oz. Water	<b>4</b>  Corn Muffin ½ Serving Fruit cup 4 oz. 1% Milk 4 oz.	<b>5</b>  Babybel Cheese ½ oz. Goldfish Crackers ½ Serving Pineapple Cup 4 oz.	<b>6</b>  Ritz Crackers ½ Serving Sun Butter .5 oz 100% Fruit Juice 4 oz.	<b>7</b>  Avocado Dip 4 oz. Whole Grain Breadstick ½ Serving String Cheese ½ oz. Water
<b>10</b>  Yogurt 4 oz. Graham Crackers ½ Serving Water	<b>11</b>  Cheez-it Crackers ½ Serving Mandarin Orange Cup 4 oz. 1% Milk 4 oz.	<b>12</b>  Berry Nutri-grain Bar ½ Serving Tropical Fruit Cup 4 oz. 1% Milk 4 oz.	<b>13</b>  Hummus ½ oz. Pita Pocket ½ Serving. 100% Fruit Juice 4 oz.	<b>14</b>  Wheat Thins ½ Serving. Cream cheese .5 oz Applesauce 4 oz.
<b>17</b>  <b>HOLIDAY SCHOOL CLOSED</b>	<b>18</b>  Cottage Cheese 2 oz. Pineapple Tidbits 4 oz. Water	<b>19</b>  Fig Newtons ½ Serving Watermelon 4 oz. 1% Milk 4 oz.	<b>20</b>  String Cheese ½ oz. Saltine Crackers ½ Serving Tropical Fruit Cup 4 oz.	<b>21</b>  Avocado Toast Whole Grain Toast Bread ½ Serving Avocado Dip 4 oz. Water
<b>24</b>  Carrot Sticks 4 oz. Triscuits ½ Serving Ranch Dressing ½ oz. Water	<b>25</b>  Graham Crackers ½ Serving Mixed Fruit Cup 4 oz. 1% Milk 4oz.	<b>26</b>  Babybel Cheese ½ oz. Naan Bread ½ Serving. 100% Fruit Juice 4 oz.	<b>27</b>  Fruit Yogurt 4 oz. Animal Crackers ½ Serving Water	<b>28</b>  Wheat Thins ½ Serving Cream cheese .5oz. Applesauce 4 oz. Water





# Desert Preschool Academy

## Lunch For (2-5 years old)

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 Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Cheese Quesadilla 1.5 oz. Flour Tortilla ½ Serving Refried Beans 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6 oz.	<b>4</b> Chicken Nuggets 1.5 oz Whole Wheat Bread ½ Serving Steamed Fiesta Corn 2 oz. Mixed Berries 2 oz. 1% Milk 6 oz.	<b>5</b> Albondigas Soup 1 Cup Whole Grain Saltine Crackers Fresh Mixed Vegetables 2 oz. Honey Dew Melon 2 oz. 1% Milk 6 oz	<b>6</b> Mac & Cheese ¾ Cup Whole Grain Pasta ¼ Cup Steamed Broccoli 2 oz. Apple Slices 2 oz. 1% Milk 6 oz.	<b>7</b> Chicken and Rice Soup 1 Cup Diced Chicken 1.5 oz. Steamed Rice ¼ Cup Steamed Cauliflower 2 oz. Fresh Bananas 2 oz. 1% Milk 6 oz.
<b>10</b> Beef Stroganoff 1.5 oz. Whole Grain Pasta ¼ Cup Green Beans 2 oz. Watermelon 2 oz. 1% Milk 6oz.	<b>11</b> Chicken & Cheese Wrap 1.5oz. Spinach Tortilla ½ Serving Fresh Mixed Vegetables 2 oz. Diced Pears 2 oz. 1% Milk 6 oz.	<b>12</b> Turkey and Potato Soup 1 C. Whole Wheat Bread ½ Serving Diced Potatoes 2 oz. Fresh Pineapple 2 oz. 1% Milk 6 oz.	<b>13</b> Chicken Marinara 1.5 oz. Whole Grain Pasta ¼ Cup Cucumber Slices 2oz. Cantaloupe Melon 2 oz. 1% Milk 6 oz.	<b>14</b> 5 Cheese Ravioli 4 oz. Whole Grain Bread Slice ½ Serving Green Salad 2 oz. Sliced Peaches 2 oz. 1% Milk 6 oz.
<b>17</b> <b>HOLIDAY SCHOOL CLOSED</b>	<b>18</b> Chicken Nuggets 1.5 oz. Whole Wheat Bread ½ Serving Corn 2 oz. Apple Slices 2 oz. 1% Milk 6 oz.	<b>19</b> Ground Beef - Rice Bowl 1 Cup Spanish Rice ¼ Cup Pico de Gallo 2 oz. Tropical Fruit 2 oz. 1% Milk 6 oz.	<b>20</b> Chicken Noodle Soup 1 Cup Whole Grain Pasta ¼ Cup Mixed Vegetables 2 oz. Fresh Banana 2 oz. 1% Milk 6 oz.	<b>21</b> Beef Tostada or Taco 1.5oz. Shell Tostada or Soft Tortilla ½ Serv. Pico De Gallo 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6 oz.
<b>24</b> Spaghetti & Meatballs 1.5 oz. Whole Grain Pasta ¼ Cup Green salad 2 oz. Mixed Berries 2 oz. 1% Milk 6 oz.	<b>25</b> BBQ Chicken 1.5 oz. Whole Wheat Dinner Rolls ½ Serving Mashed Potatoes 2 oz. Tropical Fruit 2 oz. 1% Milk 6 oz.	<b>26</b> Baked Fish fillets in Italian Herbs 1.5 oz. Rice Pilaf ¼ Cup Fresh Mixed Vegetables 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6 oz.	<b>27</b> Turkey and Cheese Sandwich 1.5 oz. Whole Wheat Bread ½ Serving Tomato Basil Soup 4 oz. Mixed Fruit 2 oz. 1% Milk 6 oz.	<b>28</b> Sloppy Joe 1.5 oz. Whole Grain Bun ½ Serving Cole Slaw 2 oz. Diced Peaches 2 oz. 1% Milk 6 oz.



**Desert Preschool Academy**  
**Breakfast For ( 2 - 5 ) years old)**  
**February 3-28, 2025**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Pancakes ½ Serving. Mixed Fruit 4 oz. 1% Milk 6 oz.	Blueberry Muffin ½ Serving. Diced Pears 4 oz. 1% Milk 6 oz.	Waffles ½ Serving. Jelly .5 oz Mixed Berries 4 oz. 1% Milk 6 oz.	Applesauce Bread ½ Serving Diced Peaches 4 oz. 1% Milk 6 oz.	French Toast ½ Serving. Fresh Fruit 4 oz. 1% Milk 6 oz.
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Mini Bagels ½ Serving Jelly .5 oz Fresh Mango 4 oz. 1% Milk 6 oz.	Yogurt 4 oz. Granola 1oz. Mixed Berries 4 oz. 1% Milk 6 oz.	Orange- Berries Bread ½ Serv Mandarin Oranges 4 oz 1% Milk 6 oz.	English Muffins ½ Serving. Cream Cheese .5 oz Pineapple Tidbits 4 oz 1% Milk 6 oz.	Zucchini Bread ½ Serving. Fresh Oranges 4 oz. 1% Milk 6 oz
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>HOLIDAY SCHOOL CLOSED</b>	French Toast ½ Serving. Tropical Fruit 4 oz. 1% Milk 6 oz.	Corn Muffin ½ Serving Diced Peach 4 oz. 1% Milk 6 oz.	Yogurt 4 oz Granola .5 oz Mixed Fruit 4 oz. 1% Milk 6 oz.	Banana Bread ½ Serving. Fresh Mango 4 oz. 1% Milk 6 oz.
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Bran Muffin ½ Serving. Mandarin Oranges 4oz. 1% Milk 6 oz.	Rice Chex Cereal 1 C. Fresh Bananas 4 oz. 1% Milk 6 oz.	Mini Bagels ½ Serving. Cream Cheese .5 oz Applesauce 4 oz. 1% Milk 6 oz.	Pancakes ½ Serving. Diced Pears 4 oz. 1% Milk 6 oz.	Carrot Bread ½ Serving. Tropical Fruit 4 oz. 1% Milk 6 oz



# Desert Preschool Academy

## Snack For (1-2 years old)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Cottage cheese 2 oz. Diced Peaches 4 oz. Water	Corn Muffin ½ Serving Fruit Cup 4 oz. Milk 4 oz.	Babybel Cheese ½ oz. Goldfish Crackers ½ Serving. Pineapple Cup 4 oz.	Ritz Crackers ½ Serving Sun Butter .5 oz 100% Fruit Juice 4 oz.	Avocado Dip 4 oz. Whole Grain Breadstick ½ Serving String Cheese ½ oz. Water
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Yogurt 4 oz. Graham Crackers ½ Serving Water	Cheez-it Crackers ½ Serving Mandarin Orange Cup 4 oz. Milk 4 oz.	Berry Nutri-grain Bar ½ Serving Tropical Fruit Cup 4 oz. Milk 4oz.	Hummus ½ oz. Pita Pocket ½ Serving 100% Fruit Juice 4 oz.	Wheat Thins 1 Serving Cream cheese 1 oz. Applesauce 4 oz. Water
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>HOLIDAY SCHOOL CLOSED</b>	Cottage Cheese 2 oz. Pineapple Tidbits 4 oz. Water	Fig Newtons ½ Serving Watermelon 4 oz. Milk 4 oz.	String Cheese ½ oz. Saltine Crackers ½ Serving Tropical Fruit Cup 4 oz. Water	Avocado Toast Whole Grain Toast Bread ½ Serving Avocado Dip 4 oz. Water
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Carrot Sticks 4 oz. Triscuits ½ Serving Ranch Dressing .5 oz. Water	Graham Crackers ½ Serving Mixed Fruit Cup 4 oz. Milk 4 oz.	Babybel Cheese ½ oz. Naan Bread ½ Serving 100% Fruit Juice 4 oz.	Fruit Yogurt 4 oz. Animal Crackers ½ Serving Water	Wheat Thins ½ Serving Cream cheese .5 oz. Applesauce 4 oz. Water



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## Lunch For (1-2 years old)

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<b>3</b> Cheese Quesadilla 1oz. Flour Tortilla ½ Serving Refried Beans 1oz. Fresh Orange Slices 1oz. Milk 4 oz.	<b>4</b> Chicken Nuggets 1 oz Whole Wheat Bread ½ Serving Steamed Fiesta Corn 1 oz. Mixed Berries 1 oz. Milk 4 oz.	<b>5</b> Albondigas Soup 1 Cup Whole Grain Saltine Crackers ½ Serving Fresh Mixed Vegetables 1oz. Honey Dew Melon 1 oz. Milk 4 oz	<b>6</b> Mac & Cheese ½ Cup Whole Grain Pasta ¼ Cup Steamed Broccoli 1 oz. Apple Slices 1 oz. Milk 4 oz.	<b>7</b> Chicken and Rice Soup ¾ Cup Diced Chicken 1oz. Steamed Rice ¼ Cup Steamed Cauliflower 1oz Fresh Bananas 1 oz Milk 4 oz.
<b>10</b> Beef Stroganoff 1oz. Whole Grain Pasta ¼ Cup Green Beans 1 oz. Watermelon 1 oz. Milk 4 oz.	<b>11</b> Chicken & Cheese Wrap 1oz. Spinach Tortilla ½ Serving Fresh Vegetables 1 oz. Diced Pears 1 oz. Milk 4 oz.	<b>12</b> Turkey and Potato Soup ¾ C Whole Wheat Bread ½ Serving. Diced Potatoes 1 oz. Fresh Pineapple 1 oz. Milk 4 oz.	<b>13</b> Chicken Marinara 1oz. Whole Grain Pasta ¼ Cup Steamed Vegetables 1 oz. Cantaloupe Melon 1 oz. Milk 4 oz.	<b>14</b> 5 Cheese Ravioli 2 oz. Whole Grain Bread Slice ½ Serving California Blend Vegetables 1oz. Sliced Peaches 1 oz. Milk 4 oz.
<b>17</b> <b>HOLIDAY SCHOOL CLOSED</b>	<b>18</b> Chicken Nuggets 1 oz. Whole Wheat Bread ½ Serving Fresh Mix Vegetables 1 oz. Apple Slices 1 oz. Milk 4 oz.	<b>19</b> Ground Beef - Rice Bowl ½ Cup Spanish Rice ¼ Cup Pico de Gallo 1 oz. Tropical Fruit 1 oz. Milk 4 oz.	<b>20</b> Chicken Noodle Soup ¾ Cup Whole Grain Pasta ¼ Cup Mixed Vegetables 1 oz. Fresh Banana 1oz. Milk 4 oz.	<b>21</b> Beef Tostada or Taco 1oz. Shell tostada or soft Tortilla ½ Serv. Pico De Gallo 1 oz. Fresh Orange Slices 1 oz. Milk 4 oz.
<b>24</b> Spaghetti and Meatballs 1oz. Whole Grain Pasta ¼ Cup Green Salad 1 oz. Mixed Berries 1 oz. Milk 4 oz.	<b>25</b> BBQ Chicken 1 oz. Whole Wheat Dinner Rolls ½ Serving Mashed Potatoes 1 oz. Tropical Fruit 1 oz. Milk 4 oz.	<b>26</b> Baked Fish fillets in Italian Herbs 1oz. Rice Pilaf ¼ Cup Fresh Mixed Vegetables 1 oz. Fresh Orange Slices 1 oz. Milk 4 oz.	<b>27</b> Turkey and Cheese Sandwich 1 oz. Whole Wheat Bread ½ Serving. Tomato Basil Soup 2 oz. Mixed Fruit 1 oz. Milk 4 oz.	<b>28</b> Sloppy Joe 1 oz. Whole Grain Bun ½ Serving Cole Slaw 1 oz. Diced Peaches 1 oz. Milk 4 oz.





**Desert Preschool Academy**  
**Breakfast For ( 1 - 2) years old)**  
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<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Pancakes ½ Serving. Mixed Fruit 2 oz. Milk 4 oz.	Blueberry Muffin ½ Serving Diced Pears 2 oz. Milk 4 oz.	Waffles ½ Serving Jelly .5 oz. .Mixed Berries 2 oz. Milk 4 oz.	Applesauce Bread ½ Serving Diced peaches 2 oz. Milk 4 oz.	French Toast ½ Serving Fresh Fruit 2 oz. Milk 4 oz.
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Mini Bagels ½ Serving Jelly .5 oz. Fresh Mango 2 oz. Milk 4 oz.	Yogurt 4 oz. Granola ½ oz. Mixed Berries 2 oz. Milk 4 oz.	Orange- Berries Bread½ Serv. Mandarin Oranges 2 oz Milk 4 oz.	English Muffins ½ Serving Cream Cheese .5 oz. Pineapple Tidbits 2 oz. Milk 4 oz.	Zucchini Bread ½ Serving Fresh Oranges 2 oz. Milk 4 oz.
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>HOLIDAY SCHOOL CLOSED</b>	French Toast ½ Serving Tropical Fruit 2 oz. Milk 4 oz.	Corn Muffins½ Serving Diced Peach 2 oz. Milk 4 oz.	Yogurt 4 oz Granola .5 oz Mixed Fruit 2 oz. Milk 4 oz.	Banana Bread ½ Serving Fresh Mango 2 oz. Milk 4 oz.
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Bran Muffin ½ Serving Mandarin Oranges 2 oz. Milk 4 oz.	Rice Chex Cereal 1 Cup Fresh Bananas 2 oz. Milk 4 oz.	Mini Bagels ½ serving. Cream Cheese .5 oz. Applesauce 2 oz. Milk 4 oz.	Pancakes ½ Serving Diced Pears 2 oz. Milk 4 oz.	Carrot Bread ½ Serving Tropical Fruit 2 oz. Milk 4 oz.

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than Englis, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: [https://www.usda.gov/sites/default/documents/ad-3027, pdf](https://www.usda.gov/sites/default/documents/ad-3027.pdf), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

**This institution is an equal opportunity provider.**



**Desert Preschool Academy**  
**Breakfast-Lunch-Snack (Infants 6-11months)**  
**February 03-28, 2025**

Breakfast 6-11 Months; Infant cereal 2-4 Tbsp. Fruit/ Vegetable 1-4 Tbsp.  
 Lunch 6-11 Months; Infant Cereal 2-4 Tbsp. Meats - Meat Alternative 1-4 Tbsp. Fruit/Vegetable 1-4 Tbsp  
 Snack 6-11 Months; Bread ½ serv. Crackers 2ea.. Fruit/ Vegetable 1-4 Tbsp, 100% Fruit Juice 2-4 Fluid oz.  
 Formula /Breast Milk; 0-3 Mo. B-L-S, 4-6 Fl oz., 4-7 Mo. 4-8 Fl oz., 8-11 Mo. 6-8 Fl oz. at each Mealtime.  
 Note: Individual Feeding Plans for infants in transition to solid food items will be prepared as follows;  
 Steamed, Mashed or puree to provide the texture and consistency needed for the infant.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>4</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>5</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>6</b> Breakfast- Fruit Lunch – Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>7</b> Breakfast - Fruit Lunch - Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)
<b>10</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>11</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>12</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>13</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Yogurt  Infant Cereal (Rice or Oatmeal)	<b>14</b> Breakfast - Fruit Lunch - Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)
<b>17</b> <b>HOLIDAY</b> <b>SCHOOL CLOSED</b>	<b>18</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>19</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>20</b> Breakfast- Fruit Lunch - Veggies, Meats Snack - Yogurt  Infant Cereal (Rice or Oatmeal)	<b>21</b> Breakfast - Fruit Lunch - Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)
<b>24</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>25</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>26</b> Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>27</b> Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)	<b>28</b> Breakfast- Fruit Lunch - Veggies Snack - Veggies or Fruit  Infant Cereal (Rice or Oatmeal)

Water is Available to Children Daily. We are a Nut Free Institution.