

# November



2024

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|---|--|---|---|---|--|--|
|   |  |   |   |   | Tracing 1<br>Have your child trace their first and last name.  | Outdoor 2<br>Visit a pumpkin patch around town                                       |
| Art 3<br>Pick up rocks while on a nature walk. Paint them using warm colors.  | Self-comforting 4<br>Relax Yoga, Calming Music, quiet place.                                 | Sensory Play 5<br>Falling leaves sensory bottle: oil, food coloring, plastic container.   | Fine Motor Skills 6<br>Apple cinnamon playdough: All you need is apple sauce and ground cinnamon & mix! | Public Library 7<br>Read books about health and safety.   | Self-Care 8<br>Have your child practice putting on sweaters/shirts/ pants by themselves.                   | Nature Walk 9<br>Go on a nature walk and ask your child to name the colors they see. |
| Exploring 10<br>Use stick & rubber bands to tie nature items onto it. The stick then tells a tale of where they have walked on their adventure. | Active Play 11<br>Make an obstacle course using home items. Chairs, pillows, etc.            | Literacy 12<br>Have your child trace their name with your help.                           | Self-Care 13<br>Practice with your child hand washing.  | Sensory 14<br>Make a sensory bottle using hair gel, water and food coloring inside the container. | Cooking 15<br>Make hot chocolate and share it with your family.  | Outdoor 16<br>Make a bonfire and make some s'mores to share with your family.        |
| Art 17<br>Finger paint using red, orange, yellow and white paint on cardboard   | Safety: 18<br>Teach your children about the "stop, drop, and roll" fire safety move.         | Ecology 19<br>Let's plant a bean and watch it grow while providing water, sun and soil.   | Outdoor 20<br>Have a picnic with your family.   | Active play 21<br>sidewalk chalk obstacle course.   | Fine Motor skills 22<br>Ribbon Box: cut various ribbons and have your toddler put them inside a container. | Literacy 23<br>Read The Cat in the hat and follow up with creating the cat           |
| Outdoor Play 24<br>Go on a bike ride or go on a small hike around the community.  | Literacy 25<br>Have your child trace their name on paper and ask them what letters they see. | Exploring 26<br>Mix baking soda, food coloring and vinegar to create an explosion of fun. | Literacy 27<br>Read, "if you give a mouse a cookie" and have cookies after while asking questions.      | Cooking 28<br>Bake a box cake with your toddler, have them mix all the ingredients.               | Movie Night! 29<br>Watch a movie about friendship. Ex: Charlie Brown, Book of Life etc.                    | Self-Care 30<br>Talk to your child about strange danger.                             |
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